



Sport Sciences Research Institute (SSRI)

## Research Ethics Certificate

Approval ID:	IR.SSRC.REC.1400.019	Approval Date:	2021-04-20
Evaluated by:	Sport Sciences Research Institute (SSRI)		
Status:	Approved		
Approval Statement:	<p>The project was found to be in accordance to the ethical principles and the national norms and standards for conducting Medical Research in Iran.</p> <p>Notice:</p> <ol style="list-style-type: none"><li>1. Although the proposal has been approved by the research ethics committee, meeting the professional and legal requirements is the sole responsibility of the PI and other project collaborators.</li><li>2. This certificate is reliant on the proposal/documents received by this committee on 2021-04-20. The committee must be notified by the PI as soon as the proposal/documents are modified.</li></ol>		
Thesis Title:	Effects of two types of an 8-week high-intensity interval training (resistance and classic) on indicators of cardiac hemodynamics and morphology, and respiratory indices in male elite kayakers		
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