



### Ethics Approval of Research

This is to certify that the research project entitled '**The effect 12 weeks circuit resistance training with three different intensities equal volume on some muscle growth factors in obese men**' provided by **Mr. Saber Niazi** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code ***IR.SSRI.REC.1398.648***

Trace Code  
71306

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SSRI Research Deputy