



### Ethics Approval of Research

This is to certify that the research project entitled '**The effect of eight weeks of alkaline and acidic diet with functional exercises on lipid factors, body composition and CRP in obese and overweight patients**' provided by **Mrs. Zohreh Eskandari** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1400.1342**

Trace Code  
101464

Ali Kashi, P.h.D.  
SSRI Research Deputy

*Ali Kashi*