

Trace Code

107205

## In The Name of God Sport Sciences Research Institute of Iran Ministry of Science, Research & Technology

Date: 13/8/2022

No: 11/54671

## Ethics Approval of Research

This is to certify that the research project entitled 'The effect of 12 weeks of multicomponent exercises (VIVIFRAIL) on some factors of physical fitness and functional capacity of the elderly with frailty syndrome' provided by Mrs. Afsaneh **Shemshaki** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with Ethical Standards in Research of the Ministry of Science, Research and Technology, with the code IR.SSRI.REC.1401.1706

> Ali Kashi, P.h.D. SSRI Research Deputy

Ato Kashi

Address:

No. 3, 5<sup>th</sup> St., Mir Emad St., Motahari Ave., Tehran, Iran Postal code: 15 87 95 87 11 Tel: (+9821) 88 74 78 84

(+9821) 88 74 78 36 (+9821) 88 74 77 95

Fax: (+98)21-88739092 Web: www.ssrc.ac.ir Email: info@ssrc.ac.ir