



*In The Name of God*

Sport Sciences Research Institute of Iran  
Ministry of Science, Research & Technology

Date : 22/8/2022

No : 11/54885

### Ethics Approval of Research

Trace Code  
107642

This is to certify that the research project entitled ‘**Comparison of effective factors and intervention methods on mental health, psychological variables and performance of athletes and non-athletes: sport and exercise psychology approach**’ provided by **Mrs. Maryam Abdolshahi** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1401.1717**

Ali Kashi, P.h.D.  
SSRI Research Deputy

*Ali Kashi*