



### Ethics Approval of Research

Trace Code  
109941

This is to certify that the research project entitled '**The effect of six weeks of spirulina and chlorella supplementation in combination with TRX in obese and overweight women: the effect of performance (aerobic capacity and muscle strength) and body composition**' provided by **Mrs. Zohreh Eskandari** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1401.1704**

Ali Kashi, P.h.D.  
SSRI Research Deputy