



In The Name of God

Sport Sciences Research Institute of Iran
Ministry of Science, Research & Technology

Date : 31/12/2022

No : 11/57544

Ethics Approval of Research

Trace Code
113375

This is to certify that the research project entitled '**Acute Effects of Antagonist Muscles Training on Strength and neuromuscular performance of agonist muscles**' provided by **Mr. Mohammad Aliabadi** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code ***IR.SSRI.REC.1401.1832***

Hamed Abbasi
Deputy of Research