



Ethics Approval of Research

Trace Code
113441

This is to certify that the research project entitled '**The effect of eight weeks of Interval training on ceramide levels and insulin resistance in muscle tissue in elderly rats**' provided by **Mrs. Parvaneh Nazarali** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1401.1763**

Hamed Abbasi
Deputy of Research