



### Ethics Approval of Research

Trace Code  
113442

This is to certify that the research project entitled '**Effects of 8 week resistance training on anxiety, depression, stress and fatigue in untrained women recovered from Covid-19**' provided by **Mr. Amir Mirkhanzadeh** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1401.1795**

Hamed Abbasi  
Deputy of Research