



*In The Name of God*

Sport Sciences Research Institute of Iran  
Ministry of Science, Research & Technology

Date : 29/1/2023

No : 11/58126

### Ethics Approval of Research

Trace Code  
114957

This is to certify that the research project entitled '**The effects of eight weeks of high intensity interval and resistance training on oxidative stress markers in heart and liver tissue of rats fed with high-fat diet**' provided by *Mr. Abdolhosein Taheri Kalani* has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code ***IR.SSRI.REC.1401.1909***

Hamed Abbasi  
Deputy of Research