

## Ethics Certificate

Approval ID:	IR.SSRC.REC.1400.025	Approval Date:	2021-04-20
Evaluated by:	Sport Sciences Research Institute (SSRI) (Biomedical Research Ethics Committee)		
Status:	Approved		
Approval Statement:	he project was found to be in accordance to the ethical principles and the national norms and tandards for conducting Medical Research in Iran.		
	<ol> <li>Although the proposal has been approved by the Biomedical Research Ethics Committee, meeting the professional and legal requirements is the sole responsibility of the PI and other project collaborators.</li> <li>This certificate is reliant on the proposal/documents received by this committee on 2021-04-20. The committee must be notified by the PI as soon as the proposal/documents are modified.</li> </ol>		
Thesis Title:	The effect 8 weeks of pilates with curcumin supplementation consumption on liver enzymes in overweight and obese women		
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